

603 West Park Street Sheldon, Iowa 51201

Phone 712-324-5061 or toll free 1-800-352-4907, Ext. 105

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NEWS RELEASE

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NORTHWEST IOWA COMMUNITY COLLEGE TO OFFER THE PROGRAM "55 ALIVE"

Northwest Iowa Community College, Sheldon, Iowa, will be offering the eight-hour "55 ALIVE" program on Tuesday and Wednesday, October 10 & 11 from 8:30 a.m. to 12:30 p.m. each day. The class will be held in Room119 in Building A on the Northwest Iowa Community College campus.

The "55 ALIVE" program is a refresher course for experienced motorists age 50 and older and was developed by the American Association of Retired Persons. "55 ALIVE" teaches about the normal, age-related changes that interfere with vision, hearing, and physical strength that influence driving ability and attitudes, and the impact of medications when driving. Learn how to handle adverse driving conditions and traffic hazards. Some insurance companies are currently offering a reduced automobile insurance premium to individuals who complete the "55 ALIVE" program.

For more information, or to preregister for this class, please contact the Continuing Education Division at Northwest Iowa Community College at 712-324-5061, or toll free at 1-800-352-4907. A fee of \$10.00 will be charged for the course.